







The Richardson Mews Northampton NN2 7PW



The Coach House. Northampton NN2 7PW















#### Richardson Care

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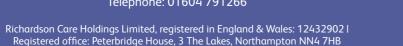
Telephone: 01604 791266







Specialist residential care and rehabilitation for adults with acquired brain injury







#### Richardson Care

We provide specialist residential care and neurobehavioural rehabilitation for adults with acquired brain injury and complex needs. Our focus is on developing daily living skills for increased independence and a better quality of life.

Our three specialist homes offer transitional, short-term and long-term residential care.

### 30-year Proven Track Record

Every individual is different and every brain injury is different, so there is no 'one size fits all' approach to brain injury neurorehabilitation. We measure the success of our services on the impact that they make on each individual. In many cases we can reduce the level of 1:1 care required. This not only reduces costs, but also increases the independence and well-being of the service user. In addition, where appropriate, we work towards the goal of discharge home or to less intensive care.

Experience gathered over more than 30 years, remaining true to our core values and a willingness to innovate have resulted in the unique combination of factors that drive our success.

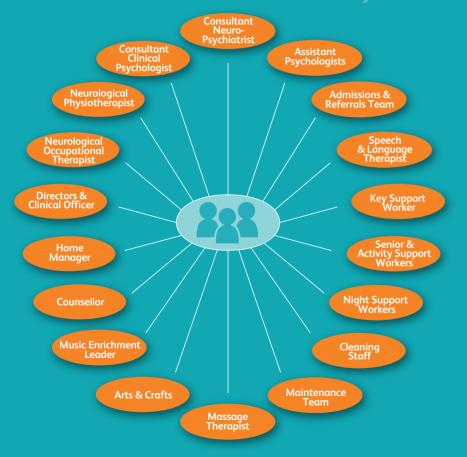








## Person-centred care provision



"Richardson Care blends the and experienced specialist treatment and rehabilitation. This sets Richardson Care

Dr Seth A. Mensah, Consultant Neuropsychiatrist

# Person-centred

### Person-Centred: Focusing care on the needs of the person, rather than the needs of the service.

We put the service user at the heart of every decision we make. Following an initial assessment, our multi-disciplinary team devise a care plan to meet the individual's current needs and to support them to achieve their personal goals. This care plan is reviewed and revised on a regular basis.

A high-calibre team of neuro specialists, experienced managers, activity leaders and dedicated care staff work together to deliver personalised care.

"The Richardson Mews differed from Yvette's previous placement because, most importantly, they respected her individuality and wishes. She has had a 'voice' at The Mews."

June Hodge, Case Manager





Dr Seth Mensah

# Innovative

## Innovative: Making changes in something established, especially by introducing new methods, ideas or products.

Over the last 30 years, we've never stood still. Innovation comes from putting the service user first and being creative in finding ways to support them in their rehabilitation. It can be as simple as modifying standard furniture (instead of using hospital furniture) so service users feel more comfortable and at home; it could be providing Music Enrichment Activity by professional musicians who have a passion for music and the transformative effect that it has on peoples' well-being; or it could be turning an established behavioural tool on its head: our psychology team devised the Positive Behaviour Tool, which reduces challenging behaviour by identifying, measuring and reinforcing positive behaviour too.

In addition, we offer RehaCom® computer-assisted cognitive retraining as part of a care plan. This powerful, proven software supports rehabilitation of cognitive disorders that affect specific aspects of attention, concentration, memory, perception, activities of daily living and more.

"It is a pleasure and a fulfilling experience to be a little piece of the amazing and outstanding family that is Richardson Care."

Pedro Areias Grilo, Consultant Clinical Psychologist







Pedro Areias Grilo







### Engaging: Tending to draw favourable attention or interest

Walk into a Richardson Care home and you'll discover the unique environment and relaxed atmosphere. Homes are bright, welcoming and spacious. They have large gardens and are close to local communities which become an important part of daily life.

Providing a warm, family environment with a dedicated support team enables our service users to feel safe and happy. This means that they are better able to engage with their therapies and achieve their goals.

Being an independent and family-run business gives us the freedom to invest in high quality, sustainable homes. We're not driven by short-term gains, but take a long-term view: we've invested in rain-water harvesting, solar heating and energy efficiency measures that reduce running costs and provide environmental benefits over the longer term. We're serious about providing a 'home for life' for the service users who need it, and we know their families depend on us.

"This is the first time I have felt totally at ease that he is well loved, safe and very well taken care of by some amazing people. 'Thank you' is not enough."

Family member







Laura & Greg Richardson Cheate

# Inclusive

## Inclusive: including many different types of people and treating them all fairly and equally

In 1989, Brian and Jackie Richardson founded Richardson Care on the values of community, social inclusion and respect, supporting service users to fulfil their potential and live happy and rewarding lives. We remain true to those values today.

Under normal circumstances, if you visit a Richardson Care home on any day of the week, you'll never find everyone at home. We encourage and support service users to take part in social and community activities, often rekindling interests they had before their brain injury. These include sports activities, cinema and theatre visits, day trips, pub lunches or shopping. We provide supported home visits as well as holidays, recognising the importance of family connections in rehabilitation.

Of course, Covid-19 changed all this. We had to adapt to staying at home, being resourceful and creative to provide meaningful and fun activities within the homes and gardens. We revisited the things we used to do and made some positive changes. Activities include indoor bowling, quizzes, film nights, art and crafts, gym and keep fit, pamper sessions, baking, 'coffee shops', gardening, barbecues, treasure hunts, trampolining and outdoor games.

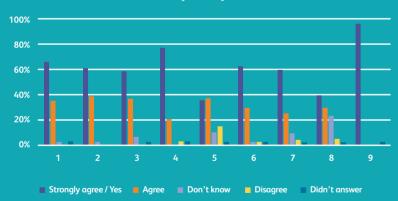
"We are grateful for the inspiration and perseverance of the late Brian Richardson and the support of excellent care staff, which enabled our son to settle into a home environment. We continue to be impressed with the care he receives."

"I get to do a lot of activities [such as] art, CST [cognitive stimulation therapy], relaxation. Thank you care staff for helping me and

## Commitment

Each year we ask the families of service users in our care to complete a short survey about the quality of care provided. We are proud of the consistently good results, with 100% of those who responded saying that they would recommend Richardson Care.

#### Annual family surverys 2016-2020



#### **Ouestions:**

Do you strongly agree, agree, don't know or disagree with the following statements?

- 1. I am happy with the care provided for my relative
- 2. The home has a warm, non-institutional feeling
- 3. The home provides an inclusive or family environment
- 4. Staff are friendly and approachable
- 5. I am regularly updated with information
- 6. I feel that my relative is treated with dignity and respect
- 7. I feel that their quality of life has improved since they arrived at Richardson Care
- 8. I feel that my relative takes part in meaningful and/or enjoyable activities
- 9. Would you recommend Richardson Care? (Yes/No)



## Commitment: willingness to give your time and energy to a job, activity, or something that you believe in.

As Directors, we are committed to support our managers, clinical team and staff. We are unusual in the amount of face-to-face training we provide and we believe that staff training and self-development are crucial to the well-being of both our employees and our service users: staff need to feel supported and confident in their skills so they can do their job to the best of their ability.

Staff are paid to attend all training sessions and we also pay for external courses and examination fees. This is not the case in many other organisations.

In turn, our care staff are committed to the well-being and rehabilitation of our service users, continuing the work of the therapists on a daily basis to help them achieve their goals.

"I've really enjoyed working with you and your team... You helped transform Simon's life!"

Chris Dindar RGN, Associate Case Manager



Jacky Johnson, Manager 144 Boughton Green Road



Jane Payne, Clinical & Operational Officer



Helen Petrie, Manager The Richardson Mews



### Value: The importance, worth or usefulness of something

Following an initial assessment, we provide a costed care plan that includes all residential care, support and therapeutic input, such as psychology, psychiatry, occupational therapy, speech and language therapy, physiotherapy. We also include social activities, supported home visits and holidays.

This inclusive pricing model means that budgeting is straightforward and predictable. In addition, some service users start with 1:1 care, which reduces once they've settled in.

The weekly standard care fee of £2,462.35 equates to just £14.66 per hour. Of this 51% is spent on staff costs, which enables us to maintain a consistently high quality of care.

