

Home Care





This Is care	3
Why use day or hourly care	4
Why use overnight care	6
Why use live-in care	8
When is it time for care	10
Who we are	12
Why Curam	14
Testimonials	16
Our carers	18
Preparing for care	19
Paying for care	20
Finding the right carer	22
How Curam works	24
Finding the ideal carer	26

This is care

Our self-employed carers enable you to live a fulfilling, independent life in your own home. With Curam, you can choose from day care, hourly care, overnight and live-in care.

We know that hiring a carer is an emotionally-charged decision so we've done everything we can to make it as safe, seamless and stress-free as possible.

Finding the right carer really can transform the quality of your life and it all starts here.



Why use day or hourly care?

With Curam, you can easily arrange care by the day or hour, on any day of the week. There are numerous ways each carer can add their support:



A positive presence that provides good company



Greater security



Increased mobility and the chance to enjoy a social lifestyle



Improved dietary health



Assistance with medication



Attending events such as a wedding, the cinema, a sporting occasion



Why use overnight care?

An overnight carer enables you to remain independent, happy and secure in your own home.

If you anticipate only occasional support in the night but value the presence of a trusted carer in your home until morning, you have the option of Sleeping Night Care.

If you wake often or need regular assistance with medication and personal care, you can choose Waking Night Care. It offers consistency in your care throughout the night.

There are numerous ways each carer can add their support:

- Security and peace of mind
- Medication prompting
- Assistance with mobility within the home (climbing stairs, getting into bed)
- Bathroom assistance
- On-hand help throughout the night



Why use live-in care?

With a live-in carer, you can live life on your own terms in your own home. A live-in carer will work between 8 – 10 hours a day, usually with 2 hours' break daily, 7 days a week. However, they are expected to be on hand throughout.

- Personal care
- Preparation of meals
- Help getting washed and dressed
- Support with domestic tasks and chores
- Assist with mobility
- Provide companionship and security
- Help with medication and medical equipment
- Aid with visiting friends and family





When is it time for care?

If you are starting to need help with day-to-day tasks such as washing, dressing or getting out and about, a carer can help you to regain your independence and improve your overall health and wellbeing.

There are many reasons why you might feel you need a carer, for instance:

- Physiotherapy assistance while recovering from an accident or operation
- Assistance with a medical condition or physical or mental disability
- To combat loneliness and isolation
- To help recover from a surgery or a stay in the hospital
- To enable you to engage in social activities and hobbies
- To improve your dietary health, personal hygiene or your home's cleanliness
- Provide peace of mind for you and others that your needs are being met



Who we are

Frustrated by our own experience of the current care system, we created Curam. Our aim is to address the fundamental problem at the heart of social care - carer's low pay – and create a better care system that facilitates choice and control for both clients and carers.

We believe that everyone - regardless of age, disability, sickness or vulnerability - should be able to live life on their own terms.

We are building a better care community. One which works for all.

There are numerous ways each carer can add their support:

- Security and peace of mind
- Prompting of medication
- Assistance with mobility within the home (climbing stairs, getting into bed)
- Bathroom assistance
- On-hand help throughout the night



Why Curam?

- Choose from thousands of experienced, vetted self-employed carers.
- Find and message a carer within minutes, hire them within hours
- On average, 12 applicants within 24 hours for every job posted
- State-of-the-art carer vetting and approval process
- All carers transacting via Curam have self-employed carers' insurance
- Complete control over who cares for your friend or family member
- Online payments and invoicing are all taken care of by our platform
- We provide free online training to help our approved carers to develop their care skills and improve their qualifications
- Carers on our platform have an average of 10 years of care experience
- Join Curam for free with no subscription fees and only pay for the care you receive
- Curam's technology and low fees allows the carer to be rewarded properly while the client may get more hours of care.





Testimonials



✔ Invited

9 Jun 2021

Great service

Great service. Very easy and convenient to use. Was able to find someone to provide overnight care at very short notice. Care provided was very good and person proved to be very capable. Stayed in place until relative went into full time care. Would definitely recommend.



14 May 2021

I was very impressed with the team at...

I was very impressed with the team at Curam. We had a number of queries when finding carers and then cancelling payment when my aunt's condition deteriorated and she entered a care home. The refund of shifts not worked was made within a few hours. Every enquiry was dealt with promptly and efficiently. Our carers both contacted us with concerns when it became obvious further help was needed to alert us. We were very grateful.



✔ Invited

7 Apr 2021

Every dealing with Curam has been...

Every dealing with Curam has been excellent. From the use of the web site to the profile of carers to methods of payment. Could not have asked for better service.



Invited

7 Apr 2021

Always there for you

Always there for you. Caring people



Invited

10 Mar 2021

curam provided us with excellent...

curam provided us with excellent carers. My mother formed a wonderful bond with Jackie our night carer who was sensitive to my mother's needs and always arrived punctually which was important to my mother. We have appointed another Curam carer for live in care when Mom comes out of hospital this time.



Invited

28 Jan 2021

Highly recommend

The website was easy to use, it's helpful to see every carers profile to decide who would most suit your care needs. The care company contacted us, they were really helpful and friendly. Our carer started straight away and we could not be happier.

Highly recommend

Our carers

With Curam, you can choose from thousands of trusted, experienced and vetted self-employed carers. We give you complete control over who cares for your friend or family member. Using our app, you can find, interview and chat with carers until you find the ideal one.

What sets our carers apart?

- We have a choice of specialist carers
- All carers are vetted and approved by our state-of-the-art process
- DBS-checked (criminal record checked) with two references to be obtained directly from carer
- All carers transacting via Curam have self-employed carers' insurance
- Carers on our platform have an average of 10 years of care experience
- Our carers have access to free online training

Preparing for care



The subject of care can be a delicate conversation for those involved but clear communication is key to understanding what level of assistance is required. Home care can prevent accidents, offer companionship, manage daily routines and improve day-to-day life. The physical space itself may need some attention, too.

- Create a list of personal emergency contacts, available 24/7, for the carer
- Choose a suitable time and a comfortable environment to introduce the subject
- Have a realistic, honest conversation – make note of what is and what isn't needed
- Specify the type of care that may work best – and that your loved one would prefer
- Listen intently to what they have to say – consider taking notes if necessary
- Underline that this is about prolonging independence and staying in the home
- If additional support is needed, an appointment with a GP may prove beneficial
- Assess the current condition of the home – are repairs or safety measures required?
- Select a designated space where the carer may take breaks during their shift
- Overall, a comfortable and safe environment in the home is hugely important

Paying for care

As with choosing a carer in the first place, paying for the service, through the Curam app or website, is efficient, hassle-free and suited to your individual needs. Funding is also potentially available to help your situation.



Estimated costs

The average cost of live-in care on the Curam platform is £880 per week, £110 for overnight care (8 hours) and £16 per hour for hourly care. However each self-employed carer sets their own rates in line with their qualifications and experience, geographical location and the complexity of your needs.

Carers' rates are displayed on their profiles and include the Curam fee. The rates are generally negotiable depending on the number of hours and conditions of the job. As such, an hourly or daily rate is mutually agreed between you and the carer in question.



How payment occurs

Payment is made through the Curam app or website via an independent secure payment system and never directly to the carer. Your carer will create a service agreement and a shift invoice which will automatically be sent to your account for approval.

Once you have approved the invoice, you will be taken to the payment portal. Your payment will be held securely until the designated shift is completed before being released to the carer following two working days, minus our fee. Refunds can easily be made should that be necessary.



Curam vs agency

Finding your carer via Curam costs less than going with a traditional agency. Usually, an agency will charge extensive fees required to cover its day-to-day costs. Using our technology ultimately reduces the cost for you and enables your carer to be paid more.



Curam vs residential/nursing homes

Choosing a self-employed home carer via the Curam platform puts you in control, negotiating terms with a large range of carers to suit your individual needs in contrast to a more limited (and often more expensive) choice of care available in a residential or nursing home.



Funding

Funding is often available to those in need of care. Simply follow these three steps to ensure that you receive all of the money that you may be entitled to:

- 1) Check your eligibility for government benefits with a [benefit calculator](#)
- 2) Check your eligibility for [NHS Continuing Healthcare Funding](#)
- 3) Apply for [local authority funding](#)

Other options such as [equity release](#) may be available should you find that you do not qualify for funding through the methods listed above.

Finding the right carer

Finding the right carer or personal assistant is essential. We recognise that this is a vital new relationship at a pivotal stage of life and understand the pressure that comes with making this choice.

Before interviewing a potential carer, it is worth preparing a list of questions so that you can ask everything you want in advance and make an informed decision before moving forward.

Interview Tips

- Try and make the carer feel at ease – this should be a friendly process
- Avoid yes/no questions, encourage detailed responses, establish a conversation
- ‘How’, ‘What’, ‘When’, ‘Why’ and ‘Where’ are good words to start questions with
- Listen carefully to the carer’s responses, allow space to breathe
- Let them know what matters most to you – you are there to be heard, too
- Make sure that your potential carer meets your individual requirements
- Ask for references and specific relevant experience where necessary



Sample Questions You Can Ask

It is important to ask different questions about a potential carer. Keep things polite, of course, but don't be afraid to get into detail. If you are struggling with what to ask, perhaps the examples below could be of some assistance if required.

- How long have you been a carer?
- Could you please explain your expertise a little more in-depth?
- What skills do you believe you can bring to this job?
- Are you able to lift heavy objects if necessary?
- What are your cooking skills like?
- Do you require a private area for breaks?
- Do you smoke?
- How well do you get on with pets?
- Do you have any allergies that I should be aware of?
- How happy are you about living away from home? – If required to be a live-in carer
- Do you have your own car or how do you handle transport?
- Can you give examples of how you dealt with previous clients with vulnerable needs?
- How have you previously managed or how would you manage challenging behaviour?
- Do you have a colleague set up as optional cover for potential illnesses / holidays?
- Do you have any questions for me?

It's also important to discuss

- The carer's preferred rota/hours
- Their rates and any potential additional expenses such as travel and food
- If they charge an additional cost in the event of a night-time emergency call
- Time off – most live-in carers anticipate two hours off per day
- Mobile phone usage – many clients restrict to emergencies and time off
- Use of broadband if available at the house
- Additional duties such as housekeeping, looking after pets, driving

How Curam works

Choice is at the heart of Curam. By directly connecting carers and those who need care, we enable people to take control of their lives. We've made it possible to hire a carer within a matter of hours.

With Curam you can search, interview, message, hire and pay approved and vetted self-employed carers throughout the UK.

We are building a care community that allows each of us to live an independent life.





Find your ideal carer

You can filter and search our selection of carers according to your needs or tell us your care requirements and let us advertise to our carer database at no cost.

1. Search

Join for free and simply search for your carer by location or care needs.

2. Message

Contact carers directly, chat to them and check references.

3. Agree

Once you have selected your carer, you can agree rates, hours and terms that work for you both.

4. Begin Your Care

Once you've hired your carer, we'll look after all the contracts, invoices and admin.

Get started

To get started with Curam, visit [curamcare.com](https://www.curamcare.com) or download our app here:

[App Store for iPhone and iPad](#)
[Google Play Store](#)

Or get in touch with us here:
01387 730766





Curam

Phone: 01387 73066
Email: client@curamcare.com
Website: curamcare.com
App: **App Store for iphone and ipad**
or **Google Play Store**

