



Dr Curran, our Meadows Psychology Service Consultant, has extensive experiences working with Young People who have experienced developmental trauma. When establishing the company, I required a service which would deliver therapeutic input for the staff team, and the Young People we support. I was delighted Dr Curran was able to offer her therapeutic services and support our company's growth in what I hope will be a sustained partnership.

As a Responsible Individual, I am more than satisfied with the outstanding therapeutic service we receive. The Registered Managers and staff teams are fully supported to provide a safe and supportive environment where Young People can develop new and positive attachments.

Our pilot home had its first key Ofsted inspection in November 2021 and received a 'Good in all areas' judgement which was a fantastic outcome. Dr Curran was fundamental with the home achieving this judgement, with the continuous therapeutic support offered. Ofsted acknowledged that Staff work closely with specialist therapeutic services to support children's emotional and mental health needs. The team benefits from regular input from the therapist who is attached to the organisation. This input helps the team to work therapeutically with children, and staff offer clear, consistent boundaries that help children to feel safe.

**Lee Matthews,**  
Responsible Individual, Castle Care



If you would like to find out more about Meadows Psychology Service and what we could offer your company please contact:  
**hello@meadowspychologyservice.co.uk** or phone **07739 659167**



## A centre of excellence specialising in trauma informed practice led by Clinical Psychologists

- Do you want to develop a specialist therapeutic provision with staff trained to offer therapeutic parenting?
- Do you want to develop a whole school trauma sensitive approach?
- Do you want to be able to evidence improved outcomes for children and young people?

**meadowspychologyservice.co.uk**

# We provide a range of bespoke Psychological Services tailored to meet the needs of organisations.

## Wraparound Support to Residential Care Providers

We offer a bespoke consultancy and therapeutic service for providers of residential children's care. We have also supported the development of specialist therapeutic homes for young people who display Harmful Sexual Behaviour.

These services are tailored to meet the individual needs of your organisation and we work collaboratively with you to develop a therapeutic package of support. This may include monthly consultation meetings, training packages, supervision and individual therapy.

This will begin with an initial meeting between a Meadows Psychology Service consultant and the provider to identify the needs of the organisation, the client group, and to develop a bespoke package of support. Each consultant has significant experience of working collaboratively with residential children's homes and supporting staff teams using evidence-based therapeutic models, offering a psychological understanding of young people and supporting staff teams to develop therapeutic ways of working.

## Consultation to Education Settings and Providers

We offer comprehensive packages of support to education providers. We understand how important education is and want to support providers to ensure children are able to access the curriculum and reach their potential in education.

We understand that education can be extremely difficult for children who have experienced trauma or who experience mental health difficulties. We can support providers to embed whole school trauma informed learning principles through training and staff support, ultimately developing attachment aware school systems.

We offer therapeutic input to schools which has included therapeutic group work. We work collaboratively with schools to support children to achieve their full potential whilst feeling safe and supported in education settings.



## Psychological Assessments and Individual Therapy

We offer a range of psychological assessments for children, young people and families.

We provide assessment reports which include a psychological formulation, an understanding of the current needs, and recommendations for therapeutic input or future support if required.

We also offer individually tailored interventions and therapy for children, adolescents and families struggling with any social, emotional or behavioural difficulties that are impacting on their functioning.



## Training and Development

We offer a range of training courses including developing your understanding of attachment and developmental trauma, working therapeutically with children and adolescents, therapeutic parenting and working with complex risk. We also offer bespoke training packages to meet your needs.

