

Empowering Polish families in the United Kingdom



OUR POLISH-SPEAKING PRACTITIONERS PROVIDE SPECIALIST SUPPORT IN THE FOLLOWING AREAS:

- ✓ accredited domestic violence awareness programme for victims
- ✓ course for perpetrators of domestic abuse
- ✓ evidence-based parenting course
- ✓ training for professionals working with Polish families
- ✓ counselling

OUR VISION:

“Polish families where everyone can have a healthy relationship with each other, can feel safe and thrive in the nurturing environment”



Company reg. no: 11569097

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ABOUT US

Vesta – Specialist Family Support CIC is a non-profit organisation providing specialist support to Polish families in England and Wales.

Vesta was formerly known as the **Polish Domestic Violence Helpline**, which supported victims of domestic abuse from across the UK since 2015.

Vesta recognises the need to improve and extend specialist support offer to Polish families who face multiple disadvantages and/or want to gain the skills and knowledge necessary to create a safe and nurturing family environment.

We offer our paid services remotely across England and Wales. We also secure funding allowing us to offer **free services to Polish clients** regionally.

If you would like to know more about our services please contact us:

Telephone: 07545 075 093

E-mail: info@vestasfs.org

www.vestasfs.org