



Exemplar
Health Care

For: Health and social
care professionals

Welcome to Exemplar Health Care

Making *every day better* for
adults living with complex needs




Get in touch

www.exemplarhc.com

01709 565777

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“The rehabilitation of people with acquired brain injury is complex and often difficult. It requires a whole team approach.

“As professionals, we have limited time with our patients and rely heavily on care staff to implement therapeutic regimes and to monitor change.

“Staff at Cheshire Springs have demonstrated the highest level of commitment to our client, no matter the challenge.

“They’ve regularly sought learning opportunities to maximise their skill set, which alongside their dedication, has enabled progress to be achieved and maintained.

“Without this team, our client’s rehabilitation potential would not be achieved, and her quality of life would most certainly be poorer.”

Karen

**Clinical Specialist Physiotherapist
PSP Neuro and Paediatric Rehabilitation**



About us

At Exemplar Health Care, our mission is to make every day better for adults living with complex needs.

We have over 50 care homes across England that enable people to access outstanding nursing care, that's focused on their personal goals, in a community-based home that's close to their family and friends.

The people we support would often be in a hospital or higher acuity setting if not placed with us.

Our care enables them to stay in the community and reduces hospital and secure facility admission.

Caring for complex conditions

Our Nurse-led teams are trained to support adults living with complex needs arising from:

- **dementia**
- **mental health conditions** such as schizophrenia and personality disorders
- **neuro-disabilities** including brain injuries, Huntington's disease and Parkinson's disease
- **physical disabilities** including cerebral palsy, spinal injuries and musculoskeletal disorders.

We also have a number of services that are registered to support adults living with severe or profound and multiple **learning disabilities** and/or **autism spectrum disorder**.

The people we support often have a number of **secondary diagnoses, complexities and risks** including behaviours of concern, prolonged disorders of consciousness, tracheostomies, ventilators and PEG feeding tubes.

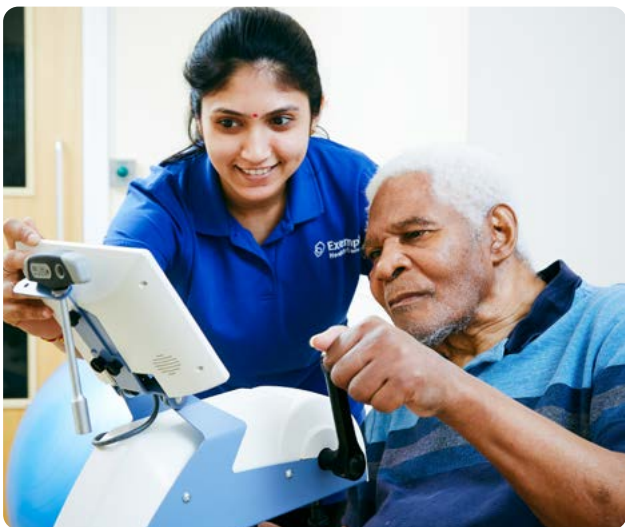


Our care

Our holistic approach to care means people get the right care from the right team, at the right time, first time round.

With this approach, we aim to stop the cycle of failed placements and reduce re-admission to acute settings.

Our care focuses on maximising independence and building everyday living skills. We empower people to live fulfilled and meaningful lives and achieve their personal goals.



The right care, the first time round

Over 50% of people come to our homes following a failed placement.

We adapt our approach to each individual which brings an end to this cycle.

Personalised approach

Together with loved ones and professionals, we design care plans that are tailored to individual needs and goals.

We encourage people to continue doing the things they enjoy. We enable them to learn, volunteer and find new hobbies too if they wish.

High staffing levels

Our high staffing levels are defined by the care packages of the people we support.

Due to the complex nature of the care we provide, our staffing levels are often much higher than other nursing care providers. There's always a Registered Nurse on duty on each unit.

This allows us to build trust and work at the pace of the individual, which leads to improved person-centred and longer-term positive outcomes.

Small group living

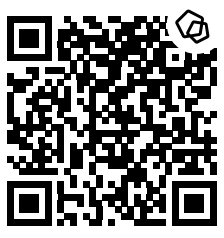
Most of our care homes are designed into ten-bed communities.

With this small group living, we're able to provide a homely and supportive environment that's more responsive to individual needs.

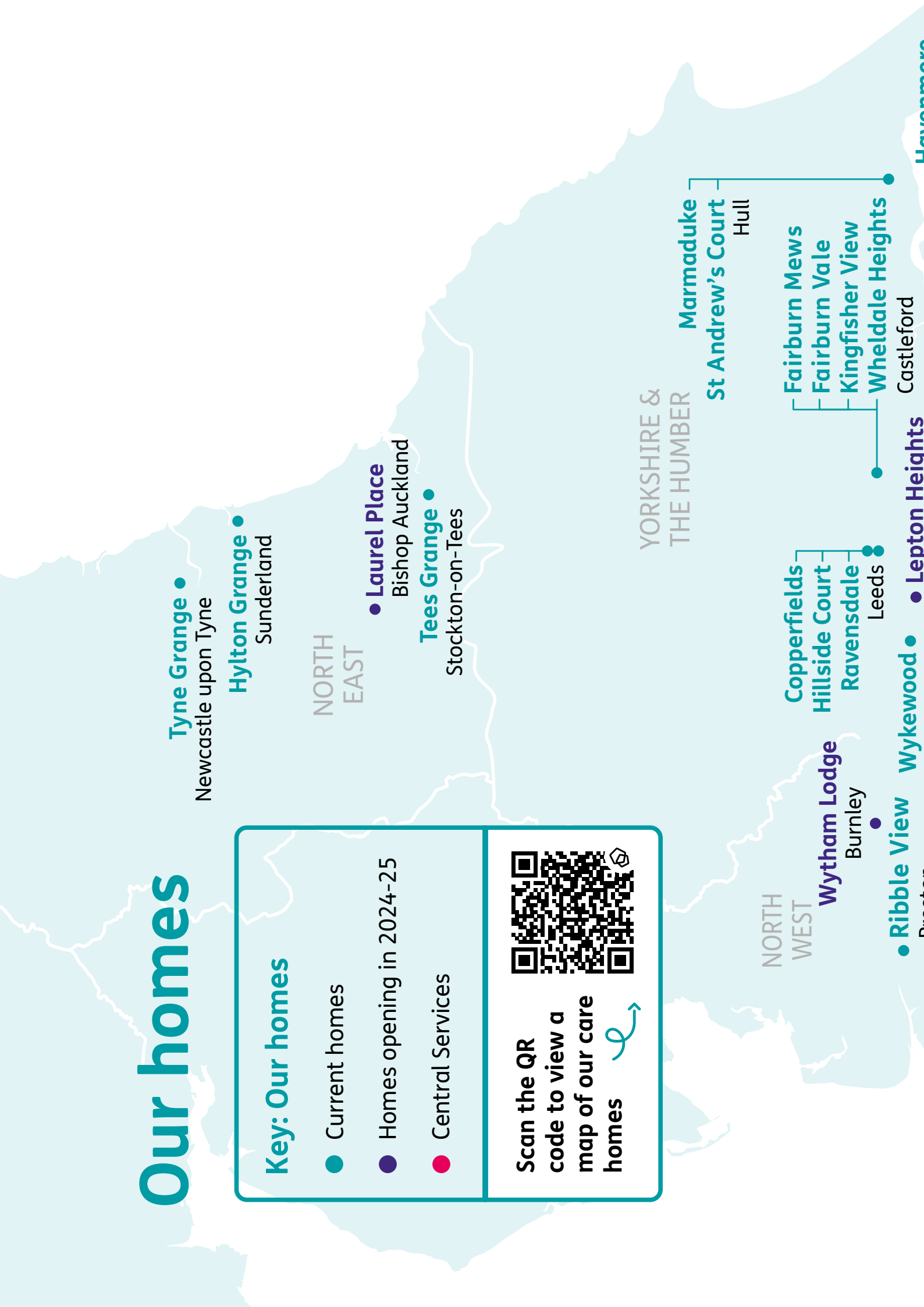
Our homes

Key: Our homes

- Current homes
- Homes opening in 2024-25
- Central Services



Scan the QR code to view a map of our care homes





Preston

Bradford

Huddersfield

Immingham

Brook View
Kavanagh Place
Roseside
Liverpool

Church Walk
Thames House
Rochdale

Dearnevale
Neville Court
Barnsley

Bennett Court
Hamilton Springs
South Elmsall

Fernwood
Knowsley

Lakeview
Wigan

Acer Mews
Ashton-under-Lyne

Leger Grove
Quarryfields
Doncaster

Edgewater
Wallasey

Woolston House
Warrington

Adswold Lodge
Stockport

Fairwinds
Greenside Court
Lonnen Grove

Cheshire Springs
Ellesmere Port

Longley Park View
Willowbeck
Sheffield

The Lodge
Swallownest

Ferham House
Rotherham

Scotia Heights
Stoke-on-Trent

Yarningdale
Ripley

Eastlands
Meadowcroft
Pathways
Sutton-in-Ashfield

EAST MIDLANDS

WEST MIDLANDS

Woodside Place
Telford

Coronation Court
Cannock

Bridgewood Mews
Parksides
Tipton

Shire Oaks Court
Walsall

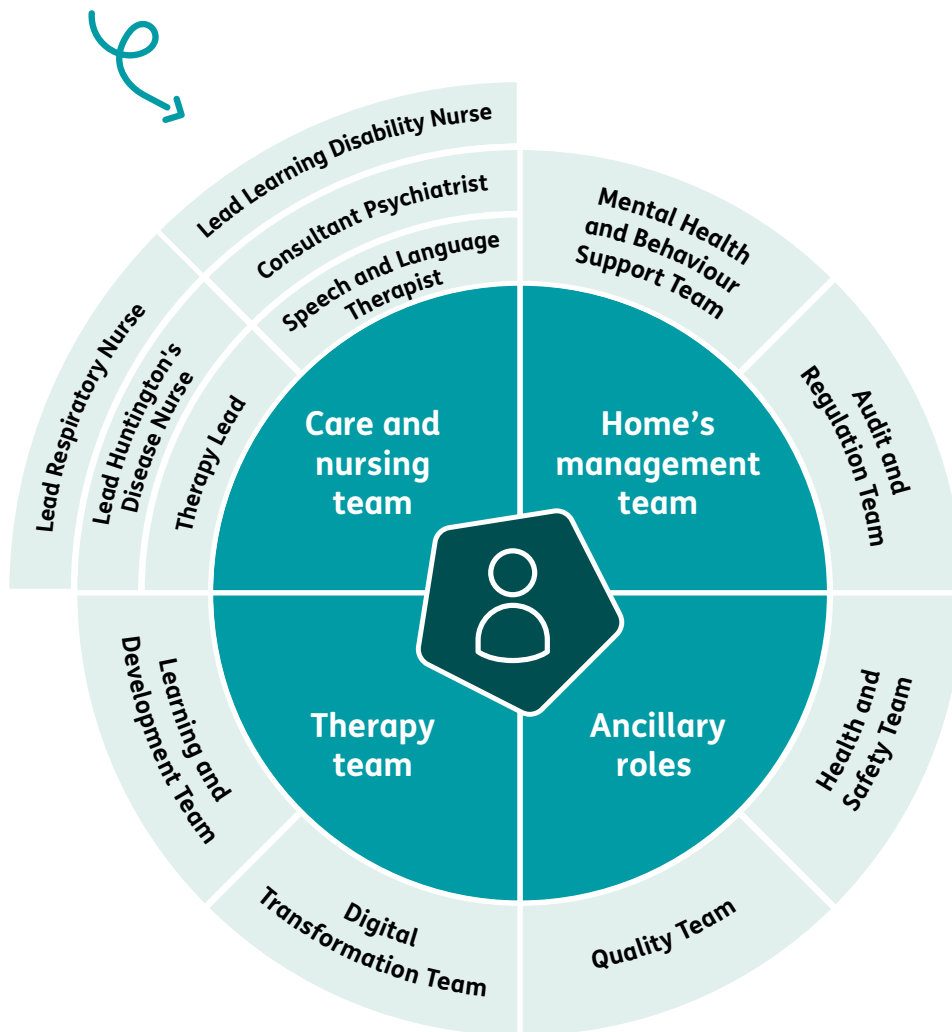
Greenacre Park
Leicester

Maypole Grove
Otterburn
Birmingham

Blackmoor
Birmingham

Exemplar Health Care clinical experts

At Exemplar Health Care, people are supported by a wide range of clinical experts.



Support in the home



Exemplar Health Care clinical experts

Scan the QR code to read more about our clinical experts



Care and nursing team

- Health Care Assistants and Seniors
- Care Practitioners*
- Nursing Associates*
- Registered Nurses
- Unit Managers

Home's management team

- Clinical Nurse Manager
- Home Manager
 - Regional Director of Operations
 - Managing Director

Therapy team

- Activities Coordinators
- Therapy Assistants*
- Physiotherapist*
- Occupational Therapist*

Ancillary roles

- Catering
- Maintenance
- Domestic and laundry

*Please note, these roles are dependent on the needs of the people in the home.

Caring for complex conditions

Brain injuries, spinal injuries and strokes

We support people to achieve their goals, whether that's full rehabilitation or maintaining optimal function following a brain or spinal injury.

Our Nurse-led teams work with people to increase their functional abilities in a socially stimulated environment that's been designed to aid recovery.

Dementia

We take the time to understand each person's life story, and work closely with them and their loved ones to enable them to have control over their own life decisions as much as possible.

Our homes provide safe and homely environments for those living with dementia.

Mental health conditions

(Including anxiety, depression, personality disorder and schizophrenia)

We support people when their mental health symptoms mean that they experience significant impairment, such as when they're unable to care for themselves independently.

Our homes provide welcoming environments to support people to overcome their mental health challenges and minimise the risk of relapse or admission to secure services.

Neuro-disabilities

(Including Huntington's disease, Parkinson's, multiple sclerosis, motor neurone disease and cerebral palsy)

We empower people to get the most out of their life however their disability affects them, and support them to adjust to the impact of their disability or disease.

Our in-house nursing teams are trained to support the complex medical needs often associated with neuro-disabilities including tracheostomy and respiratory care.

Learning disabilities

We have a number of services that are registered to support adults living with severe or profound and multiple learning disabilities and/or autism.

We work with people to create a person-centred care plan that supports their strengths and aspirations, maximises their independence and empowers them to have as much control as possible over their lives.

Behaviours of concern

Many of the people we support are deemed to display behaviours that are 'too complex' for mainstream care providers, such as aggressive and sexualized behaviours.

All our colleagues complete Exemplar Positive Behaviour Support (EPBS) training that's been certificated by Bild ACT.

People have the support of Exemplar Health Care clinical experts, including our Behaviour Support Team and a Consultant Psychiatrist in times of crisis.



Our referral process

We work closely with individuals and professionals throughout the referral, assessment, transition and admission process to ensure the placement is right for them.

Due to the complexity of the people we support, our assessment process involves a detailed clinical needs assessment as well as a community fit assessment and input from Exemplar Health Care clinical experts.

This ensures that we can meet people's holistic needs and they're the right fit for the existing community in the home.



Make a referral



Initial assessment with a clinician, followed by a clinical needs and community fit assessment, and input from Exemplar Health Care's clinical experts.



Formal report and costing



Agree placement



Plan for transition, admission and care planning



Regular care plan and costing reviews



Discharge and pathway planning, if suitable



Scan the QR code to make an online referral

Get in touch

Contact our Referrals Team:

01709 565777

referrals@exemplarhc.com

www.exemplarhc.com/referrals

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every day better