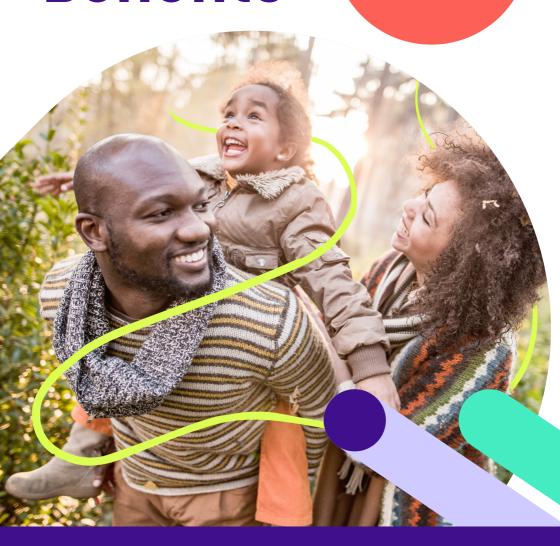


Membership
Only **£4.99**a month





## **Trips**

Pamper yourself with a luxury spa weekend, take in the sites while hill walking or hurtle down the slopes at an Alpine ski resort.

## Explore

Free and discounted entry into participating sites for you and your auests.

## Cinema tickets

Get your discounted cinema tickets and refreshment tokens to treat the family for less.\*

## Theatre

Whether it's a feel-good musical or your favourite comedian, add some showbiz to your life with our theatre trips and discounted ticket offers.



#### Royal Botanic Gardens, Kew

**Free** entry to Kew Gardens and Wakehurst, Kew's wild botanic garden in Sussex.



#### **English Heritage**

**Free** entry to over 400 properties, plus free or discounted entry to events.



#### Cadw

Free entry to over 130 Cadw sites. | Mynediad diderfyn i dros 130 o safleoedd Cadw

For full details and T&Cs visit cssc.co.uk/things-to-do

\* Check local cinema prices



## Theme parks & attractions

Find your next thrillseeking family day out with our theme park, zoo, Dungeon and adventure offers.



## Local to you

Wherever you live, you'll find lots happening in your area. With unique events, activities and offers, there's plenty for you to explore right on your doorstep!

For full details and T&Cs visit cssc.co.uk/things-to-do



## Sports

Stay ahead of the pack and choose from over 40 different sports and activities for all ages and abilities. From football, darts, golf and badminton to skiing, scuba diving and hill walking.





## | Getting started

## We can help

#### Race day entry

Claim up to £20 back on your entry costs for selected sporting events such as: running races, obstacle courses, cycling and more.

#### Sport qualification

Become a sports coach, referee or umpire and we'll cover up to 50% of your training costs.

#### Elite sponsorship

This fund aims to help our members, who represent their nation in their respective sport, with the costs associated with competing at this high level.

#### Disability & financial support

If a disability or financial hardship is preventing you from continuing your sport, we may be able to help.

#### **Active Wellbeing Group Fund**

Get financial support to help organise an activity in your workplace or local area.

Take your first steps to leading a more active lifestyle. From handy tips, training plans, maps and routes to our online advice surgery, we have a wealth of tools and resources to help you get the best out of your walking, running, swimming and cycling.

For full details and T&Cs visit cssc.co.uk/get-active



Throughout the year, CSSC hosts the UK's largest activity wellbeing days for the civil service and public sector employees.

Providing opportunities and inspiration for the whole of the public sector to look after their mental, emotional and physical health. With a nudge to budge to commit to look after themselves and move more.

#### **Around-the-World Challenge**

February sees over 15,000 colleagues, friends and families join the Around-the-World Activity activity Challenge. Teams from across the country come together to travel, virtually around the world, logging their daily activity to win prizes and have fun.

#### **Active Wellbeing Walking Month**

CSSC celebrates the walking month of May with their popular Around-the-UK Step Challenge. A mid-year focus on helping the public sector to move more often and take care of their wellbeing and work/life balance with entertaining and energetic activities.

#### **Active Wellbeing Autumn**

CSSC members explore nature with this active challenge, encouraging families to enjoy the season. Packed full of hints, tips, tools and techniques to stay active for longer and more often. Celebrating the best of the UK's heritage, cultural and environmental sites.

## Your Nudge to Budge.

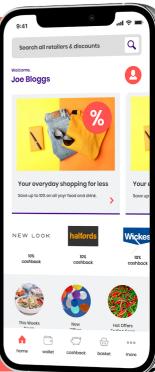


# **Cssc** savings

CSSC savings app, puts thousands of discounts, deals, vouchers and cashback in the palm of your hand.







For full details and T&Cs visit cssc.co.uk/everyday-savings



CSSC membership costs £4.99 a month.
But you can't put a price on the like-minded friends you'll make through our events and community groups.

Join today, search CSSC





CSSC has been helping its members relax, take time out and look after their health and wellbeing for the past 100 years. Our exclusive offers, deals and discounts help 160,000 civil servants and public-sector colleagues maximise their free time, explore their hobbies and passions, and celebrate the things they love with the people they love.