

Positive Support Improved Lives

Summer 2025

positivesupportgroup.com



About **Positive** Support Group

POSITIVE SUPPORT GROUP

We work with our public sector partners to support children and adults with the most challenging behavioural and wellbeing-related needs, particularly those with learning disabilities and autism

Our values

P – PASSION
A – AUTHENTIC
C – COURAGEOUS
C – COLLABORATIVE
T – TRUSTED

Our aims



IMPROVING
LONG TERM
HEALTH
OUTCOMES



PREVENTING
HOME OR
PLACEMENT
BREAKDOWN



REDUCING
COSTS
BY AVOIDING
ADMISSIONS

Clinical and organisational governance

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PSG aligns itself to NHS and LA quality and governance standards (DBS checks, safeguarding officers etc.)

Organisational governance



Clinical governance – Governing body for behaviour analysts



Risk management framework

PSG risk management pillars are guided by established industry standards, including the NHS Patient Safety Strategy and the CQC's fundamental standards.

- Identification and assessment
- Mitigation Strategies
- Monitoring Process

Quality Governance

- Standardised quality improvement cycles
- Data-driven quality
- 'Test and learn' initiatives

WE TAKE OUR RESPONSIBILITIES SERIOUSLY

PSG's 5-Stage Framework

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- PSG's services are based on our unique 5-stage framework
- We take a person-centred approach promoting quality of life, equality, and inclusion
- We use evidence-based practices, e.g., environmental changes, skills teaching, Acceptance and Commitment Therapy and Motivational Interviewing to achieve results



Stage 1 COLLABORATING

We engage with the person and activate the person's network to commit to helping the person and changing the current situation. We inspire, motivate and cheer lead our clients to do more, be more and have more.



Stage 2 UNDERSTANDING

We use the science of Behaviour Analysis to gain an understanding of the person at the centre of the situation. We inspire others to believe in themselves as much as we do.



Stage 3 DELIVERING

We are catalysts for change; our behavioural programmes turn problems into opportunities; re-frame difficulties and create flexible, positive solutions for all involved.



Stage 4 CELEBRATING

We celebrate the achievements of our clients and end our input when there is a network of people who are committed to continuing to hold themselves and the person to high expectations.



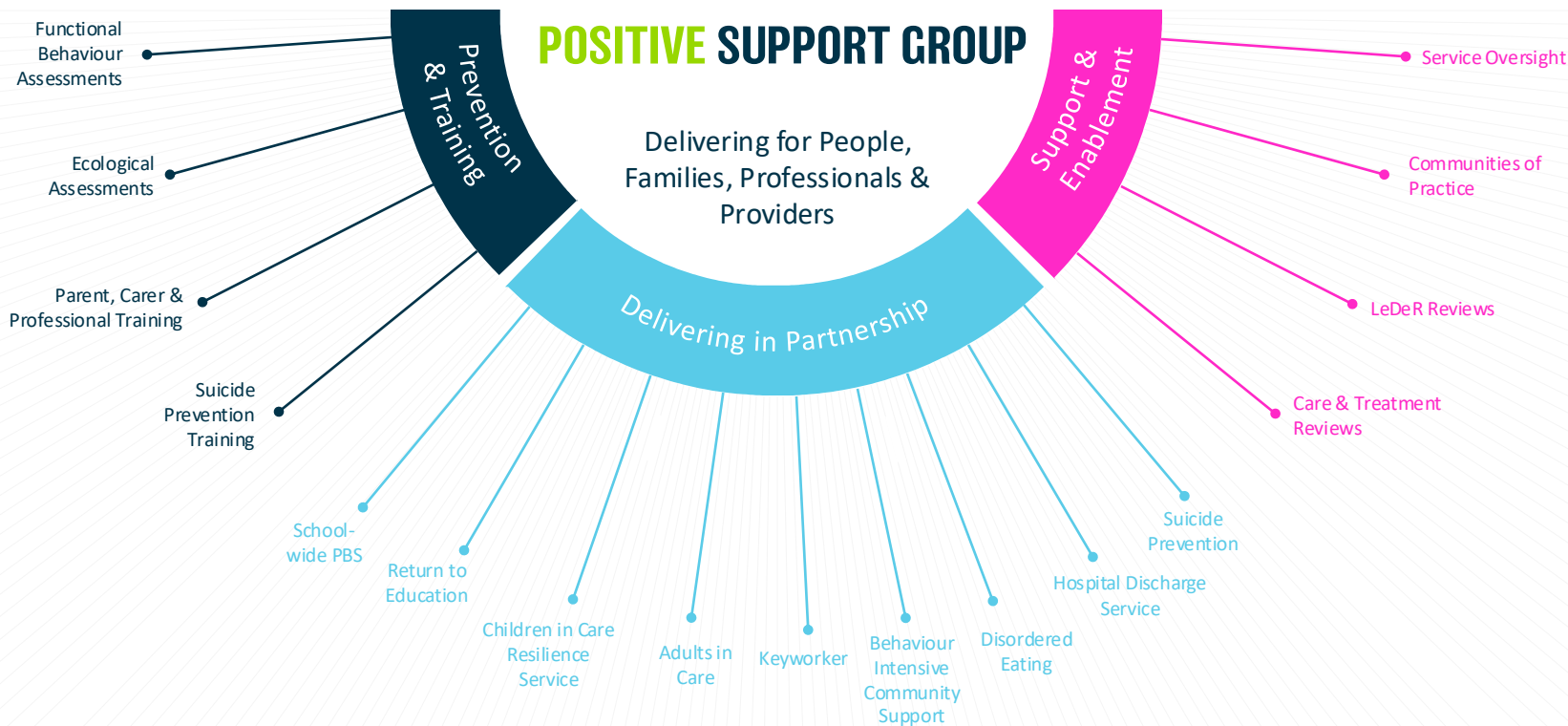
Stage 5 MAINTAINING

We use pre/post measures ensure the outstanding outcomes achieved in delivery are maintained beyond our support. We praise others for their continued progress and provide solutions for long-term improvements.

Flexible services for local need

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Our services are tailored to the needs of each partner, delivering lasting, tangible impacts and improved outcomes



PSG's solutions for Prevention and Training are tailored to the needs of each local partner and include

Functional Behaviour Assessments

Delivering FBAs from organisation and planning, through assessment, write-ups and creation of a tailored follow-up plan. Packages of FBAs can be implemented for providers and Local Authorities and delivered when required

Parent, Carer & Professional Training

Available to organisations, schools, community teams & individuals. Our training programmes are tailored to offer the right support to those attending. Can include:

- CPD accredited training in PBS
- Bespoke, topic specific workshops and trainings
- Individual and group clinical supervisions
- Parent/carers focused sessions

Ecological Assessments

Tailored and person-centred Ecological Assessments delivered across the UK by experienced practitioners, with full report and recommendations based on each individual

Suicide Prevention Training

Specific training programmes for professionals to provide tools, techniques and evidence-based methodologies to prevent suicide

Can be delivered remotely or in-person to a range of group sizes, with follow-up sessions to embed learning

Delivering in partnership

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Suite of services delivered according to local needs. Can be commissioned based on cohorts to deliver lasting impacts and cost-savings efficiently

BICS

Behaviour Intensive Community Support Service provides ongoing support for people and their families. Often for those on the DSR. Aims to prevent admissions or breakdowns, and improve Quality of Life

Keyworker

Supporting or delivering Keyworker services to provide PBS support to enhance quality of life and prevent escalation

Hospital Discharge Service

Safely transitioning people out of hospitals, back into their home communities. Significant cost saving, with dramatically improved quality of life outcomes

Suicide Prevention

Designed to support people with a history of suicide attempts and/or who display active suicidal ideation. Autistic CYP with/without LD

School-wide PBS

Support for schools and staff to keep young people in education, supported and safe. Available to all schools, with schools often meeting the costs of the service

Return to Education

Supporting children back into education, with tailored support for children and families. Service works to remove barriers, bridge gaps in provision, and help CYP successfully reintegrate into education

Children in Care Resilience Service

Working with foster and residential placements to stabilise, prevent escalating needs, and foster community and best practice exchange among foster homes through partnership with borough prevention services

Disordered Eating

Service using PBS methodologies to support young people with disordered eating. Support for individual and their family and carers with lasting outcomes

Support and enablement

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Our services are tailored to the needs of each partner, delivering lasting, tangible impacts and improved outcomes

Care & Treatment Reviews

Over 1600 CTRs scheduled, organised and carried out. We provide Chairs, Experts by Experience and others to ensure high quality reviews for each person

LeDeR Reviews

Deep experience in carrying out LeDeR Reviews, including providing experienced reviewers and writing up and presenting review findings

Service Oversight

Supporting Provider Organisations to embed PBS on a service wide, person specific and training level. High quality outcomes at service level, including, staff well-being, resilience, knowledge and skill

Communities of Practice

CoPs are supported, enabled and created for partner organisations and the wider PBS community, ensuring best practices are shared, passed on, and new approaches are deployed

Positive Support NOW

Where immediate crisis support is required, we provide short-term behaviourally intensive support programmes for individuals who do not meet criteria for the other services

Available for all children and adults

- No age restriction
- No diagnosis required
- Can support individuals across the UK (no limitations on location)
- No waiting list. Support can be access within 5 days of proposal agreement

Case Studies

1: James*, Hospital Discharge

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Pathway: Hospital Discharge

PSG Service: Hospital Discharge Service

Behaviours of concern: self injurious behaviour, complex behaviours

Challenges: harm to self and others, potential placement breakdown, suicide risk

Worked with the hospital to understand James' behaviours of concern.

Put in place a tailored transition plan, with 1:1 support during first day, week and months

Impacts

- **120 days on the ward with no medical need**
- ✓ Rapidly discharged patient within 7 days
- ✓ No subsequent readmission
- ✓ Significant immediate cost savings
- ✓ Improved outcomes for patient

2. Charlotte, Self Injurious Behaviour

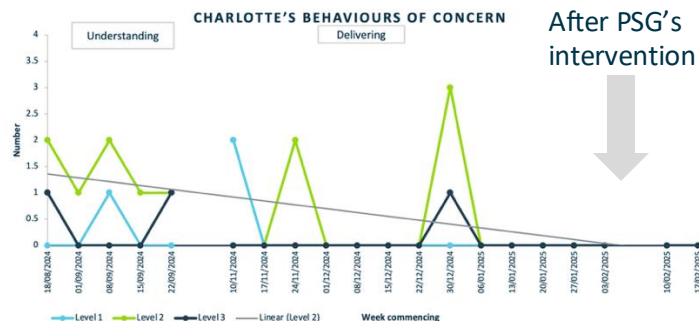
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Pathway: Community Support

PSG Service: Behaviour Intensive Community Support

Behaviours of concern: self injurious behaviour, risky behaviour

Challenges: harm to self and others, potential placement breakdown



3. Steven, Suicide Prevention

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Pathway: Suicide Prevention

PSG Service: Behaviour Intensive Community Support

Behaviours of concern: suicidal ideation and attempts

Challenges: multiple attempts and policy call outs

Coproduced a Behaviour Support Plan (BSP) with Jim and his parents, alongside a Crisis Response Plan

Supported Jim and his family

Impacts

- ✓ Avoided £223k of residential care costs
- ✓ Significant reduction in Behaviours Of Concern
- ✓ Positive feedback from Jim and his parents:

“Staff went beyond their job, was always there for us, and made sure Jim received the right support. PSG came around every week, advocated for all his needs. PSG was amazing. PSG did everything for my son. Jim was lucky to have PSG’s support. ”

4. Tim, Suicide Prevention

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Pathway: Suicide Prevention

Age & Diagnosis: 14 years old, and autistic

Behaviours of concern: Suicide Attempts, Suicidal Ideation with/or without preparatory behaviours, self-injurious behaviour

Impacts:

- ✓ Increased awareness of triggers.
- ✓ Successfully implemented strategies in his CRP 18 times
- ✓ **100% decrease in suicide attempts**
- ✓ **100% decrease in self-injurious behaviour** in the last 3 months
Co-production and collaboration on effective **tools, implemented across home and, mainstream school**
- ✓ **100% decrease in SI, at 6 follow up**
- ✓ Tim expressed he no longer needs his CRP as, has hasn't thought about suicide in months!

Collaboration and co-production – how?

- Tim identified three goals he wanted to work on with PSG
- Tim wrote his Crisis Response Plan (CRP) and Behaviour Support Plan (BSP) and, helped train his mum/dad with PSG.
- Tim collected his own data on emotional regulation strategies to monitor impact.