

# How can I keep Independent for Longer?



Your Medequip Information, Advice and Independent Living Guide



Manage At Home is a online retail store specialising in home care products such as mobility aids and disability equipment, Manage At Home's range of products are designed to promote independence at home and manage daily living more easily.





# Welcome to the Medequip Information and Independent **Living Guide**

In this guide, you will find information about Medequip and the services we provide, including a selection of products from our extensive range of mobility and disability aids to help keep you living independently at home.

Find us on:











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In this leaflet, scan the QR Code to visit our Manage At Home website.



#### 18687

Search product code on our website to find the featured product.











### **Mobility**

# Rollators offer support for those needing help while walking.

Choose from our range, including lightweight 3-wheel walkers for easy manoeuvrability, 4-wheel walkers with a seat for longer outings, and 2-in-1 rollator wheelchairs for added versatility.











Lightweight Folding Rollator with Bag

10179

## Who are Medequip?

The leading provider of community equipment services to local authorities and the NHS across the UK, delivering a wide range of equipment, helping to keep people independent.

#### What we do

On behalf of the NHS and local authorities we provide the following community services which include:

- **⊘** Community Equipment Loan Services
- ▼ Technology Enabled Care
  Alarm Services
- Falls Prevention Services
- Wheelchair Services through our group company Ross Care

Equipment is provided to support hospital discharges, avoid admission, and support the needs of residents, with the long-term aim of keeping people independent and safe in their home.

If you require more information about Medequip and the services we offer, please visit www.medequip-uk.com/su-faq

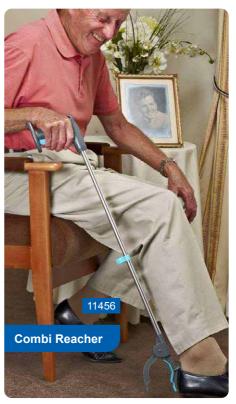


# 17059 **Deluxe Hip Kit** Classic **Pro Reacher** 11939 Handi-Grip Max 11944

### A Helping Hand

Reachers and grabbers are versatile tools designed to assist individuals in picking up or reaching items without the need for bending, stretching, or over-exertion.

Ideal for those with limited mobility, these aids provide an easy way to access objects in high, low, or awkward spaces. Additional to traditional Reacher/Grabbers there are other long handled products that could support your independence, such as a Long Shoehorn or Toe Foot Sponge.





## How Medequip can help you

If you have a disability or experience difficulty completing daily tasks, you have a couple of options:

- Self-care by purchasing equipment
- Being prescribed loan equipment from the local Community Equipment Service



Medequip can support you with self-care options, such as purchasing equipment from an extensive range of products to aid independent daily living via our online retail website www.manageathome.co.uk

This could be a mobility aid to help moving around or transferring into a bath, or simply a more ergonomic utensil that is easier to use and hold than a typical design. Products also include rollators, over bed tables, grab rails, walking aids, wheelchairs, support cushions, bath lifts, bath seats and boards, raised toilet seats, commodes, electric profiling beds, riser recliner chairs and aids for dressing and eating.

If your needs are more complex and you require long-term support, you may be eligible for an assessment. Healthcare professionals such as occupational therapists can work with you to find ways of managing tasks and offering advice and potential solutions. Equipment would be prescribed and loaned to you through your local Community Equipment Loan Service.



### **Around the Home**

Our home care range is designed to enhance comfort and independence in everyday living.

Perching stools provide supportive seating for household tasks, while indoor trolleys make transporting items safe and easy. Memory aids are specially created to support people living with memory issues such as dementia, helping to provide reassurance and ease in their daily environment. High vision lamps complete the range, offering bright, clear lighting for improved visibility.



Let's Go

Rollator

Indoor

High Vision LED Floor Lamp



# Accessing Loan Equipment through Health and Social Care Services

To access equipment on loan from your local authority and the NHS you will need to have an assessment.

You can ask your GP for a referral or request help by visiting your local Council's social care webpage and using their contact information - this could be by telephone, text relay, email or an online referral form.

To find contact details for your local social care provider, please visit www.medequip-uk.com/contact and navigate by your Council's name.



Healthcare professionals will work with you to:

- Assess your difficulties carrying out everyday living tasks
- Advise you on different ways to manage tasks
- Loan essential equipment to help complete daily tasks

Depending on your situation, a care and support assessment may include how you:

- · Get in and out of bed or chair
- · Get on and off the toilet
- Dress yourself
- Feed yourself
- Manage the stairs
- Prepare drinks, snack and/or meals

The assessment may also cover:

- Your eligibility for minor and major adaptations to your home
- Provide advice and information about other services



# and Fireside Chairs

**Experience comfort and practicality** with our range of riser recliners and fireside chairs.

Riser recliners offer smooth lift and recline functions, ideal for those needing assistance with sitting or standing. Fireside chairs provide timeless style with supportive seating for relaxation. Complement your seating with over chair tables, perfect for enjoying meals, reading, or other activities with ease and convenience.



# The Benefits of Self-Care and Purchasing your own Equipment

Self-care empowers you to live independently, giving you the confidence to complete everyday tasks with the help of daily living aids and mobility equipment.

With a wide range of equipment choices and advice available on Medequip's Manage At Home website, finding the right equipment for your needs has never been easier.

Your online Medequip retail store features an extensive selection of products from over 100 leading manufacturers of daily living aids, all delivered directly to your home.



www.manageathome.co.uk

#### **VAT Relief**

Did you know that many of our products may qualify for VAT relief if you're living with a disability or long-term condition?

The Manage At Home website provides clear guidance to help you check your eligibility and claim VAT relief at checkout, making your purchases even more affordable.













### **Bathroom**

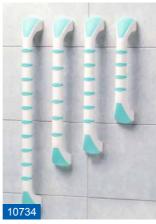
Our bathroom range is designed to enhance safety and comfort during daily routines.

The collection includes bath lifts and bathing cushions for effortless and relaxing bathing, shower chairs for added stability while showering, grab rails for essential support, and long-handled scrubbers to assist with personal care. These products help promote independence and confidence in the bathroom.





Adjustable Height Shower Chair

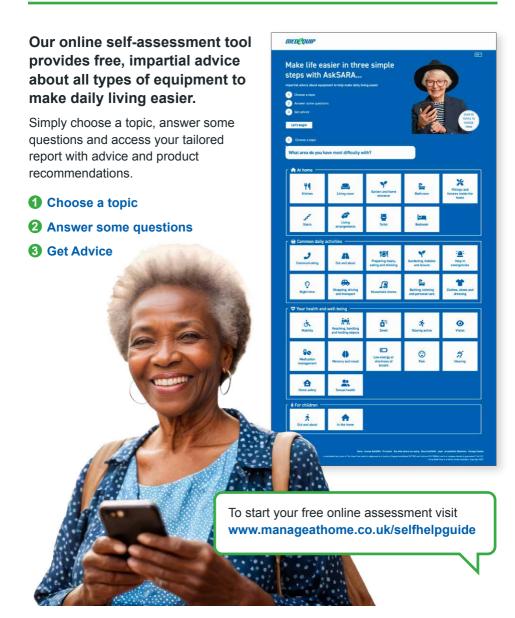


Prima Straight Grab Bar



Long Handled Standard Sponge

## Self Help Guide



Our Self Help Guide is a bespoke version of AskSARA – an award-winning online self-assessment system provided by Living Made Easy (A Shaw Trust charity).











**Keep Warm Plate** 



15065

**Kura Care Adult Cutlery Set** 

### In the Kitchen

Our kitchen range offers practical solutions to make meal preparation and dining more accessible.

Discover adaptive kitchen gadgets, easy-grip knives for comfortable handling, and the innovative Uccello kettle, designed to safely pour hot water with minimal effort. Paired with ergonomic cups, plates, and cutlery, these products help maintain independence and ease in the heart of your home.

### **Beds**

# Our range of adjustable beds is designed to provide personalised comfort and support.

With features to assist with positioning and mobility, these beds help improve sleep quality and promote greater independence, creating a restful and practical sleeping environment.







**Signature Low Footboard Profiling Bed** 









### **Toilet Aids**

Our comprehensive range of toilet aids is designed to enhance comfort, hygiene, and independence.

We offer bidets for improved cleanliness, commodes for easy mobility, and continence care products for peace of mind. Raised toilet seats and toilet frames provide added support, ensuring daily routines are safer and more comfortable.











**Langham Plastic Half Step** 

10761







10443 Easi-Grip **Garden Fork** 







**Metro Portable Folding Aluminium Ramp** 

#### **Outdoors**

Our outdoors range is designed to make life easier and more accessible outside the home.

It includes ramps for smooth and safe access, car transfer aids for easier travel, ergonomic gardening tools for those who enjoy the outdoors, and half steps to provide stability and support when navigating doorways or uneven surfaces. Enjoy greater independence and confidence wherever you go.

**Approved Keysafe** 



# Returning Equipment



### Return Recycle Reuse

# Help your Local Authority and NHS services by returning equipment you no longer need.

If you have already benefited from equipment loaned to you that you no longer need, you can request a free collection through your local Medequip Service Centre.

To find out more visit

www.medequip-uk.com/returning-equipment or contact your local Medequip Service Centre.

To find your local Medequip Service Centre visit www.medequip-uk.com/contact

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### *MED<mark>Q</mark>QUIP*

Manage At Home is part of Medequip Assistive Technology Ltd. Company Registration No: 04198824.



Organisation

Medequip Assistive Technology Ltd is a member of the TEC Services Association.





We are proud to be members of the British Healthcare Trades Association.