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Be the first to hear about new sessions by signing up to our free professionals newsletter. You'll also find guides and reports, case studies and useful resources, and have the opportunity to tell us what courses you'd like to see in the future.





To sign up to our free newsletter, scan the QR code or email advice.training@independentage.org



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Registered charity number 210729 (England and Wales)
SC047184 (Scotland)



Independent Age



Free professional training for frontline staff

Learn about key benefits, debunk common myths and find out how to better support older people, with free professionals training from Independent Age.

Independent Age offers free training to share knowledge and upskill frontline staff who support older people in their communities.

Our bite-sized, online courses give you an overview of key benefits and cost-saving support for older people, helping you to develop your knowledge and build confidence.

We cover a range of topics, including:

- Pension Credit
- Attendance Allowance and Pension Age Disability Payment
- Carer's Allowance and Carer Support Payment
- housing costs
- Council Tax
- supporting older people in winter
- what happens to benefits on reaching State Pension age.

“ In my role as a social prescriber, I can struggle to find training that provides exactly the information I need to support someone. Often training is too detailed or not detailed enough. The training was clear, and I feel confident in supporting someone in this area now.

**Participant feedback,
Council Tax training session**



97% of participants said they learnt something new from our training



96% of participants feel more confident in understanding the topic