

ALREADY PARTNERING WITH:



OPTIMAL HANDED CARE AND HIGH IMPACT CHANGE

A Strategic Partnership to deliver a sustainable future for Continuing Healthcare (CHC) and Domiciliary Care

The Occupational Therapy Service (TOTS)

August 2026



A Powerful Return on Investment

MASSIVE 425–850%

RETURN ON INVESTMENT

For every £1 spent on our expert-led optimal care reviews.



THOUSANDS OF CARE HOURS CREATED

Reducing care packages translates directly into major system-wide capacity, easing workforce pressures and helping tackle delayed discharge.



ENHANCED

QUALITY & COMPLIANCE

Our robust OT-led review process ensures care is appropriate and person-centred improving quality, dignity and risk management.



SUSTAINABLE

LONG-TERM SOLUTIONS

We provide training and a robust exit strategy to embed long-term effectiveness and ensuring recurring benefits for your system.



Partner with The Occupational Therapy Service (TOTS) to implement a targeted, OT-led review of domiciliary and CHC care packages. This proven strategy delivers an exceptional return on investment by generating systemwide care capacity, accelerating discharge, and preventing future demand.

Investing in proportionate care reviews delivers immediate and recurring financial benefits. The cost of intervention is rapidly offset by the significant savings from reduced care packages and avoided hospital costs. All whilst retaining or improving the quality of care for individuals.

The long-term efficiencies delivered into local healthcare systems:

- Major ongoing annual **Financial Savings** that you can choose how to allocate
- **Increased Care Capacity** by releasing Care Hours back into the system year on year
- **Improved Quality** in Domiciliary Care and Patient Outcomes
- **Efficiencies in Hospital Discharge and Reduced Readmissions**, increasing hospital capacity, improving patient outcomes and reducing the pressure on care teams
- **Systems and Processes** embedded within local management and delivery teams to ensure these results are sustainable locally



A Fully Managed High Impact Delivery Model

1. STRATEGIC SUPPORT

- Policy review
- Implementation strategy
- Process development
- Cohort identification
- Cohort review and priority planning

2. OPERATIONAL IMPLEMENTATION

- Project management
- Assessment completion
- Embedding
- QA
- Data Reporting
- Recommendations

4. COMMERCIAL PARTNERSHIPS

Opportunity to explore commissioning of equipment with key suppliers with whom we have existing collaborations

3. TRAINING

- HCPs
- Carers
- Trainers
- Stakeholders

In a recently completed project:

- 240 completed reviews
- Reductions recommended in 50% of packages
- **£1.43m pa net saving** in year one
- 60,000 care hours pa back into the care system
- **Delivered 525% ROI**



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A Powerful Return on Investment

Enhanced Quality and Care Act Compliance

The TOTS approach is fundamentally person-centred and promotes a strengths-based model that maximises dignity and independence. By ensuring care is proportionate to need – often through the introduction of specialist equipment – we ensure residents receive the right support, not just the most support. This directly aligns with the core principles of wellbeing, choice, and independence enshrined in the Care Act 2014.



Book a Meeting to Explore This Opportunity

Next steps: The evidence is clear: investing in proportionate care projects delivers transformative results. We are confident that a partnership with TOTS can deliver a significant return on investment throughout the health and social care system.

To explore how a programme could be tailored to support your system's specific challenges, please contact us to arrange a no-obligation discussion.

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